



## Kensington Presbyterian Church

### *Finding Joy*

November 8, 2020

**WELCOME**, during these times of physical isolation we are putting out these worship services that you can do at home.<sup>1</sup> This doesn't mean you have to do them alone. You can invite those who live with you, or connect with others through the phone or computer, or even in small groups outside.

If you have any prayer requests, ideas, or just want to talk, please reach out to your elder or Rev. Peter (Peter@Kensingtonchurch.ca).



there is joy in the presence of Jesus - Rebecca Brogan

<sup>1</sup> note: that the footnotes are not as thorough as an academic paper.

### *Announcements*

**Visiting:** The government considers ministers to be essential workers. If you need a visit, please contact Rev. Peter.

**Prayer Group:** will be meeting through Zoom on Wed. at 11:30 a.m.

[https://us02web.zoom.us/j/78266904325?](https://us02web.zoom.us/j/78266904325?pwd=dkhMck1ZRXBKTmdvK2VsaHRlOFF1UT09)

[pwd=dkhMck1ZRXBKTmdvK2VsaHRlOFF1UT09](https://us02web.zoom.us/j/78266904325?pwd=dkhMck1ZRXBKTmdvK2VsaHRlOFF1UT09)

or phone: 438-809-7799

Meeting ID: 782 6690 4325

Passcode: 7864826

**Movie Night:** Nov 14 we'll be watching 'Big Miracle' over Zoom. Please contact Antoinette for more details.

**Book Club:** Our first book is *A Wrinkle in Time* by Madeleine L'Engle.

If you are interested or have questions, please contact Antoinette.

It will be done over Zoom on will on Nov 25<sup>th</sup> at 5 p.m.

**Re-opening the Church:** We have plans to improve the ventilation in the building to reduce the risks, and improving the Audio/Visual equipment so that we can include people at home in our on site worship. We are hoping to reopen in November, and continue what we do now.

Please continue to check out the website

<https://kensingtonchurch.ca/>

or facebook <https://www.facebook.com/KensingtonChurchNDG/>

### *Contacts*

Church Office: 514-486-4559.....info@Kensingtonchurch.ca

Rev. Peter Rombeek (pastor).....Peter@Kensingtonchurch.ca

Antoinette (families).....Antoinette@Kensingtonchurch.ca

## Remembrance Day

### Invitation to Remembrance

This is the Sunday before Remembrance Day, and so before we gather to worship God, you are invited to remember those who have sacrificed to allow us to live in this freedom, search for truth, and enjoy life.

While there have been many sacrifices since this poem was written in 1915, it is a poignant reminder that this is something fought for, and that it must be carried on.

In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.



We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie,  
In Flanders fields.

Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.

please rise if you are able

Last Post: moment of silence Rouse

♪ O Canada.....pg 8



## Approaching God



lighting the candle

Jésus Chris est la lumière du monde.

Jesus Christ is the light of the world.



Call to worship (Psalm 66:1-2, 4)

Make a joyful noise to God, all the earth;  
sing the glory of his name;  
give to him glorious praise.

**All the earth worships you;  
they sing praises to you,  
sing praises to your name.**



Prayer of Approach

**God of birth, God of joy, God of life,  
we come to you as a people hungry for hope.  
We have been so dead to miracles  
that we miss the wonder's you do.  
We have preoccupied ourselves with pleasures  
and have overlooked the joy you offer us.  
We have been so concerned with living  
that we have missed the life you offer us.**

**Forgive us, gracious God.**

**Open our eyes and our hearts to receive your gift;  
open our lips and hands to share it with all humanity  
in the name of our Saviour, Jesus Christ.**

**Amen.**<sup>2</sup>


Assurance of Pardon

Hear the good news.

God the Creator brings you new life,  
forgives and redeems you.

Take hold of this forgiveness,  
and live your life in the Spirit of Jesus.

Thanks be to God.

 **Lord's Prayer** (feel free to use another  
version/translation)

As we turn towards God, we pray the prayer Jesus gave us.

**Our Father in heaven,**

hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as it is in heaven.

Give us today our daily bread.

Forgive us our sins  
as we forgive those  
who sin against us.

Save us from the time of trial  
and deliver us from evil.

For the kingdom, the power,  
and the glory are yours  
now and forever. Amen.

🎵 Hymn: Jesus loves me.....pg 9

<sup>2</sup> adapted from the *Worship Sourcebook* 2.2.33



## *Listening to God*



**Prayer**<sup>3</sup>

Our Lord and our God,  
now as we hear your Word, fill us with your Spirit.  
Soften our hearts that we may delight in your presence.  
Sharpen our minds that we may discern your truth.  
Shape our wills that we may desire your ways.  
Through Jesus Christ, our Lord. Amen.

Intro to the readings

- Today the psalm will be read from *The Message*, a paraphrase of the Bible by Eugene Peterson.



Reading: Please look up the passages in your own Bible, or click on the name to be taken to an online version (NRSV).

Mark 10: 13-16

2 Samuel 6: 1-5 & 14-16

Psalms 104: 24-35

<sup>3</sup> *Worship Sourcebook* 3.1.19



Sermon: Do the body good

Dear Lord, please bless these words  
and the meditations of our hearts.<sup>4</sup> Amen.

Today we recognized Remembrance Day. While there are many reasons why our soldiers joined the wars and peace-keeping missions, the idealistic ones are so that we could experience freedom, be able to know truth, and to enjoy life.

These are all things that God also values and wants for us - although perhaps not as we sometimes think of them. Freedom with God is not the absence of rules so you can do anything you want, but there are ways to live that allow all of us to experience freedom to 'be all we can be'. God wants us to have a truth that is bigger than our perspective, or even bigger than a global perspective; to know the truth from God's perspective.

and there's joy. Do you remember the first catechism? "What is the chief end of man? Man's chief end is to glorify God, and to enjoy him forever." or to use the words of our own Presbyterian Church in Canada catechism,

"What is God's purpose for our lives?

We have been made for joy:

joy in knowing, loving and serving God,  
joy in knowing, loving and serving one another,  
joy in the wonder of all God's works."

We have been made for joy.

There is pain in our lives,  
but that is not what we were made for.

Perhaps that is one of the points Jesus is making when he, literally, lifts up children as an example of how to receive the Kingdom of God.

Usually ministers talk about how children expect their parents to provide for them, and so we should turn to God and not ourselves. But there's also the joy that children can show. Sometimes all it takes is a leaf or a puddle. The easy way they play for the joy of it.

Which brings us to today's Christian Practice: play.

It's not the theme I would have paired with Remembrance Day if I'd lined the dates up earlier, but as the introduction shows, it does fit - perhaps better than more obvious practices.

Play and joy have to do more with how we approach something than the activity itself. Think about the investiture of a queen or government officials. It's full of formal sitting around in uncomfortable clothes with long predictable speeches. They might be described as a celebration, but joyful? and anything considered play would be frowned upon.

By contrast, think of our Biblical parallel. When the Arc of the Covenant, representing God, is brought to Jerusalem the King doesn't have a solemn march in. He dances with joy to trumpets, guitars & castanets. David even ditches his kingly clothes for the freedom of his underwear - and he dances. While his wife,



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Michal, does not approve, this joy-full response is a story the Bible celebrates.

In David's case, I'm suspicious this is something he simply did 'When the Spirit of the Lord moved in his soul.'

Do you allow the Spirit to move you that way?

How do you show joy?

Playing is one way to experience joy. It can be playing sports. While I'm not a jogger, I know people who talk about this amazing feeling when you push through your exhaustion and keep going. My experience is more with soccer or board games. The way plays can come together in a beautiful, and often unexpected, way. I also experience great joy playing music.

How do you experience play?

We talk about playing sports or music, but, again, it's a matter of attitude over activity. I remember studying the violin in university and it becoming a drain on my soul. There was so much to think about. I had so much to improve on. For everything I might of improved on I saw ten more things to work still to go. While it might have been called 'playing' the violin, it wasn't. Thankfully that has changed.

Many athletes can tell stories like this too. Michael Jordan tells one a little different. It was the final university game (NCAA 1982) and they were heading into the end of the game. The coach was about to explain the final shot when he looked up and said, "I love these games. They're fun because they make you think." For Michael Jordan, it changed the way he approach playing basketball, especially in tense situation. He took it seriously, but

also embraced the joy he felt in playing. He played.<sup>5</sup>

As the coach showed, play can teach us how to approach life's challenges. This is an important thing for all of us right now. In the words of a thoughtful 16 year old, "free, unstructured play... freed our minds and bodies and helps us deal with the demands and restrictions of everyday living. Playing helps us see and do things in new ways. Besides that, it's fun to play!"<sup>6</sup>

Seeing the world in new ways is important. It helps us adapt to the unexpected. It helps us to imagine new ways forward - new ways to find hope and experience joy.

I'm, again, reminded of children playing. The way anything can become a rocket-ship and the chair becomes a planet - and then everything changes. Now it's a submarine and they're puppies visiting a whale. They are having a blast as their imaginations bounce of each other in crazy directions.

When's the last time you played something where the rules followed the joy?

Of course, children playing isn't all fun and joy. There are times when somebody gets hurt physically or emotionally. There are times when rules are needed so that everyone can have fun - and learning when bend and when to follow the rules is another important lesson we learn in play. It's a lesson we sometimes need reminding of.

I'm reminded class soccer games when I was teaching. There were some good players who loved to get the ball and do all the work. However the others felt left out and had no fun. So we added a rule that there had to be at least three people involved

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<sup>5</sup> from *For the love of the game* found in *Way to Live* ed. Dorothy Bass

<sup>6</sup> Jack DePaolo quoted in *Way to Live* ed. Dorothy Bass

before a goal could happen. This rule allowed us to have more fun.

God wants us all to have fun - for us all to be included. It's one of the many things that playing around can teach.

and we're not the only ones. As you read psalm 104, especially Eugene Peterson's version in *The Message*, you get a sense of it. Have you thought of brooks babbling as playful? or the sun dancing on the water? Did you notice the part about the leviathan romping around?

And creation isn't the only ones experiencing joy. Verse 31 also has God enjoying creation. God experiences joy...

and created us to experience joy too.



Playful Dragon - CurioDaco

So, teachers and psychologists will tell you it's important to play and experience joy. They can list all sorts of reasons for it like being adaptable, learning about yourself, building community, resetting your ideas, etc. etc.

Don't do it because of all that. This week take some time to play because God wants you to experiencing freedom and joy.<sup>7</sup>

To God be all the glory.  
Amen.

<sup>7</sup> yes, and maybe learn some truths at the same time



## *Responding to God*

♪ musical reflection

### FaithTalk

These are some questions for you to discuss with somebody... or many somebodies. Do what you feel safe (and practice stretching a little)... are recognize that all the FaithTalk exercises are practices at sharing your testimony.

Memories: What was a favourite toy when you were young?

Etching: What's a game you enjoyed as a child?

Values: What is something you enjoy (receive joy) doing?

Values: How do make space for 'joy' or 'play' in your week?

Actions: Let each letter of the alphabet start a word on the theme of... (food, music, Lord of the Rings, ...)<sup>8</sup>

Actions: Learn to juggle. or listen to a favourite piece of music and doodle on a piece of paper.

Actions: watch *Patch Adams* with Robin Williams introducing play as therapy.

### Offering

Financially, we have set up a donation option on **our website**.

Just click the '[Donate Now](#)' button, and then the pretty button. It gives you various options that are easy to follow.

You can now donate through **interac e-transfer**. Our name is Kensington Presbyterian Church and the e-mail address is [info@kensingtonchurch.ca](mailto:info@kensingtonchurch.ca).

Mailing a cheque or signing up for Pre-Authorized Remittance (PAR) are also good options.

<sup>8</sup> This is something I did while walking crying babies when we all should have been asleep.

## Prayers of the people

Surprising God,

We are grateful for this weekend of sun and warmth;  
of the joy it brings into everyone's hearts.

We know that winter is coming,  
but thank you for this weekend. . .

Holy Trinity, we thank you for community,  
not just yours, and the one you have collected through  
Kensington, but the others who live around us and who we  
interact with over the week. . .  
and we pray for those who feel isolated. May your Spirit help  
connect them to those who can share your love - maybe us. . .

Jesus, one of your titles is the great physician.

We thank you for the healing you do through the healers in our  
community, and that our health system works as well as it  
does.

We pray for all those who work in it, that they may find strength  
and hope in these difficult times.

We also pray for those needing care:  
such as Peter M's ongoing treatment,  
and others we know. . .

We pray for all who bear the burden and privilege of leadership:  
political, military and religious;  
may your Spirit to bring gifts of wisdom and resolve  
as they balance the needs of the community and the needs of  
individuals. . .

We pray for all those suffering from the effects of the virus:  
whether that is sickness, or fear, or stress, or job struggles, . . .

Loving and eternal God,  
we pray for all who suffer as a result of conflict,  
and ask that you may give us peace:

We thank you for those who believe the world can be a better  
place - for peacemakers and peacekeepers, who sacrifice for this  
dream. . .

Today we especially remember those who served in the  
military. . .

We pray for those who have lost the ability to dream of better. . .

Lord of the universe,  
help us to continue the struggle to celebrate diversity,  
to share freedom,  
to search for truth,  
and to enjoy life.

Help us to remember to play,  
and to experience the joy you have made us for.

In Jesus name  
Amen.

♪ Hymn: When the Spirit of the Lord moves in my soul.....pg 9

## Benediction

*The Lord bless you and keep you;  
the Lord make his face to shine upon you  
and be gracious to you;  
the Lord turn his face toward you  
and give you peace.  
Amen.*





**Prayer** We give thanks that people suffering from leprosy find support and learn about their condition at the Presbyterian World Service & Development-supported Shining Hospital in Nepal.

## Providing More Than Medicine

When Devika first noticed something wrong with her leg, she visited her local hospital in Nepal to get it checked out, but after a few years, Devika's skin problems had gotten worse, not better. After visiting many clinics and traditional healers, Devika still couldn't find a solution. When she was just about to give up hope, Devika's friend suggested she visit the Shining Hospital. Supported by Presbyterian World Service & Development, the hospital provides support, treatment and education for people suffering from leprosy. At the hospital, the staff diagnosed Devika's skin condition, provided the proper medicine and taught her about her condition. Today, Devika is thankful for the support she received!



## DAILY PRAYERS

**Monday, November 9** We pray for the members of the Presbyterian Church Heritage Centre (formerly the Presbyterian Museum) committee as they work to preserve and display artifacts from the church's history.

**Tuesday, November 10** We pray for the Rev. Dr. Paul McLean who serves as a Bible Translation Advisor for Hakka and nine Indigenous teams in Taiwan.

**Wednesday, November 11 (Remembrance Day)** We pray for all who suffer or have died as a result of conflict or war. We ask for God's blessing on peacemakers and peacekeepers in this country and around the world, and that God protect and guide those who serve in the armed forces.

**Thursday, November 12** We pray for women accused of witchcraft in Ghana who have found safety and freedom from stigma at the Presbyterian World Service & Development-supported Gambaga Outcast Home.

**Friday, November 13** We pray for Lisa Baker who serves as the convener of the Inreach Committee for the Presbytery of Winnipeg.

**Saturday, November 14** We pray for all students enrolled in the church's theological colleges as they seek to learn and grow in their faith.

## National Anthems

833

## O Canada, our home and native land

O CANADA 10 10 8 6 8 6 8 10 10

E♭ B♭/D Cm B♭ E♭ (A♭/C E♭/G) A♭6 B♭sus4-3 E♭ D

O Ca - na - da! our home and na - tive land! True pa - triot  
O Ca - na - da! ter - re de nos aî - eux, ton front est

Gm (C7/G♭) B♭/F (D Cm/E♭) F B♭ B♭7

love in all thy sons com - mand. With glow - ing hearts we  
ceint de fleu - rons glo - ri - eux! Car ton bras sait por - ter l'é-

E♭ A♭ (E♭/G A♭6 Cm/A) B♭ B♭7

see thee rise, the true north strong and free; from far and wide, O  
pé - e, il sait por - ter la croix! Ton his - toire est une é-po-

E♭ (/G Cm) B♭/F Cm7 F7 B♭ (A♭/G/F) E♭ B♭/D Cm

Ca - na - da, we stand on guard for thee. God keep our land  
pé - e des plus bril - lants ex - ploits. Et ta va - leur

Fm /E♭ B♭/D B♭ E♭/G (aug) A♭ (Fm E♭/G Fm/A♭) Cm (B♭) Fm/A♭

glo - rious and free! O Ca - na - da! we stand on guard for  
de foi trem - pée, pro - té - ge - ra nos foy - ers et nos

G /F E♭ (aug) A♭ (Fm E♭/G A♭6) E♭/B♭ B♭7 E♭

thee. O Ca - na - da! we stand on guard for thee.  
droits, pro - té - ge - ra nos foy - ers et nos droits.

Words: French, Adolphe B. Routhier (1839-1920); English, Robert Stanley Weir (1856-1926)  
Music: Calixa Lavallée (1842-1891)

Words: public domain Music: public domain



## Jesus loves me, this I know

JESUS LOVES ME 7 7 7 7 with refrain

1. Je - sus loves me, this I know, for the Bi - ble tells me so,  
 2. Je - sus loves me, this I know, as he loved so long a - go,  
 3. Je - sus loves me still to - day, walk - ing with me on my way,

lit - tle ones to him be - long, they are weak but he is strong.  
 tak - ing chil - dren on his knee, say - ing, "Let them come to me."  
 want - ing as a friend to give light and love to all who live.

Refrain

Yes, Je - sus loves me! Yes, Je - sus loves me!

Yes, Je - sus loves me! The Bi - ble tells me so.

Words: Anna Bartlett Warner (1821-1910); revisions, v.2,3, David Rutherford McGuire (1929-1971) Music: William Batchelder Bradbury (1816-1868)

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When the spirit of the Lord  
moves in my soul

1. When the Spir - it of the Lord moves in my soul, like  
 2. When the Spir - it of the Lord moves in my soul, like

Da - vid the shep-herd, I sing. I sing, I sing, like  
 Da - vid the sin - ner, I pray. I pray, I pray, like

1. Da - vid the Shep-herd, I sing. Da - vid the Shep-herd, I sing.  
 Da - vid the sin - ner, I pray. Da - vid the sin - ner, I pray.

3. When the Spirit of the Lord moves in my soul,  
 like David the victor, I dance.  
 I dance, I dance, like David the victor, I dance.

4. When the Spirit of the Lord moves in my soul,  
 like David the poet, I praise.  
 I praise, I praise, like David the poet, I praise.

Words: traditional Spanish; translation, the editors of International Songbook, 1990;  
 French translation, Andrew J. Donaldson (1951-) Music: traditional

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Sunset Joy  
klbailey